

ADVANCED DENTAL SLEEP TREATMENT CENTER®

Sleep all night. Live all day.®

Oral appliance therapy helps restore cerebrovascular endothelial function quickly

A study looked at 46 patients with carotid atherosclerosis (CAS) and obstructive sleep apnea (OSA) to see if there would be improvement in cerebrovascular reactivity (CVR) with OSA control. Out of 46 patients, 41 (89%) did see improvement...and in just 1 month after starting oral appliance therapy. [Read more.](#)

Adding an oral appliance to APAP treatment may improve compliance

We can all agree that PAP is great treatment. We can also all agree that some patients have trouble utilizing it all night, every night. A new study finds that one way of increasing compliance is to add an oral appliance to treatment. This may seem odd, but we have also seen this in our own practice. Also important to note is that while not seen in this particular study, if we actually add an oral appliance onto the PAP machine, using it as an attachment (e.g. Tap Pap), we do see PAP pressure decrease in nearly all cases. For patients using this combination therapy, compliance also goes up and symptomology is most often greatly improved.



COVID COMMUNITY SUPPORT

We are feeling hopeful we will continue to see improvements in our COVID-19 numbers, and are excited and grateful to have received our first round of vaccinations! We also know our road to normal will continue for a while.

We have delivered some trays of Eileen's cookies to area teams and would love to deliver more! We appreciate what you're doing during this tough time in our community and this is our small way to say thank you! If interested in having a tray of Eileen's cookies delivered, please text 'cookies' to 1-866-59-

SLEEP (1-866-597-5337).

We are also giving away free shirts to anyone who donates to Omaha's Community Foundation's COVID-19 Response Fund. If interested, please visit [here](#).

We Make It Easy To Partner

Both diagnosed and non-diagnosed patients may be referred.



We are Omaha's first and only one stop shop for sleep. We know how complicated treating sleep can be for both providers and patients and it is our goal to streamline the entire process for everyone involved. With that in mind, we are able to offer: 1) Home Sleep Testing - either diagnostic or guidance depending on the case. 2) CPAPs, and 3) Oral Appliances. Along with our dedicated dental sleep team, we work with Sleep Physicians for direction on patient care, and have a Registered Respiratory Therapist in our office who coordinates CPAP dispensing and ongoing care.



We want you to know that if you have a patient that you suspect has sleep apnea or has struggled with prescribed treatment, we will take great care of them.

Patients can be referred directly through our [website](#), or you can [fax a referral](#) to us at 1-877-811-8129.

If you'd like any paper screening tools, informational brochures from our office, or would like to coordinate a time to speak with one of our providers, please connect with Brea at brea@whywesnore.com or 402-996-0387.

** Know that we are in-network with medical insurance, including Medicare and Tricare. Those with Medicare supplement plans typically have low or no out-of-pocket costs. All patients know what their out of pockets costs will be before moving forward with treatment.

Visit our website

This advertisement was sent by Advanced Dental Sleep Treatment Center
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