

ADVANCED DENTAL SLEEP TREATMENT CENTER®

Sleep all night. Live all day.®

Meet our new owner, Dr. Melissa Sheets!



In Q3 of this year, ownership of Advanced Dental Sleep Treatment Center transferred from Dr. Roger Roubal to Dr. Melissa Sheets!

Dr. Sheets is a Diplomate of the American Board of Dental Sleep Medicine and has completed hundreds of hours of CE in dental sleep medicine, along with hundreds of hours under direct training and mentorship from Dr. Roubal.

Dr. Sheets recently served 12 years as a commissioned officer and general dentist in the United States Air Force. After years of traveling, she and her husband decided to make Omaha their permanent home so they could be close to family in Lincoln, where they both grew up. They have a 9 year old son and 6 year old daughter who keep them busy!

Dr. Roubal established Advanced Dental Sleep Treatment Center in 2012 when he limited the practice to the treatment of snoring and sleep apnea. However, he was treating sleep patients long before that, taking his first course in 1988. His passion grew over the years and he was fully immersed in his mission to help people suffering from sleep apnea. When considering retirement and a potential sale, he was very choosy. He was adamant that if it wasn't the right person, he was not going to sell it. He found the right person in Dr. Sheets.

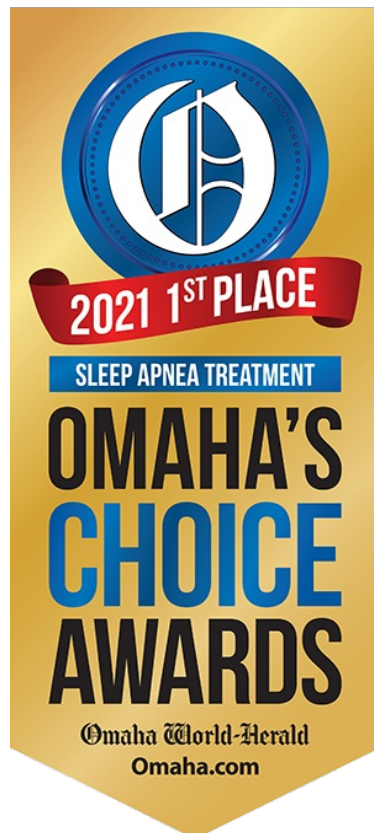
She is caring, kind, smart, and educated. Our team and patients already love her and if/when you get the opportunity to meet her, we are confident you will too.

Dr. Roubal will continue to practice through the end of 2021 and beyond that will be available to Dr. Sheets and the rest of the team as needed. His knowledge and experience will be greatly missed in the day to day world, but we wish him only the best and thank him for the foundation he has laid. In retirement, he plans to do more traveling with his fiancée and plans to spend more time with his 3 kids and 9 grandkids.

If you'd like to send Dr. Roubal a message, you may do so by [clicking here](#).

If you'd like to send Dr. Sheets a message, you may do so by [clicking here](#).

We Make It Easy To Partner



Both diagnosed and non-diagnosed patients may be referred.

We are Omaha's first and only one-stop shop for sleep. We know how complicated treating sleep disorders can be for both providers and patients and it is our goal to streamline the entire process for everyone involved. With that in mind, we are able to offer: 1) Home Sleep Testing - either diagnostic or guidance depending on the case. 2) CPAPs, and 3) Oral Appliances. Along with our dedicated dental sleep team, we work with Sleep Physicians for direction on patient care.

We want you to know that if you have a patient that you suspect has sleep apnea or has struggled with prescribed treatment, we will take great care of them.

Patients can be referred directly through our [website](#), or you can [fax a referral](#) to us at 1-877-811-8129.

If you'd like any paper screening tools, informational brochures from our office, or would like to coordinate a time to speak with one of our providers, please connect with Brea at brea@whywesnore.com or 402-996-0387.



** Know that we are in-network with medical insurance, including Medicare and Tricare. Those with Medicare supplement plans typically have low or no out-of-pocket costs. All patients know what their out of pockets costs will be before moving forward with treatment.

Visit our website

This advertisement was sent by Advanced Dental Sleep Treatment Center
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