



ADVANCED DENTAL SLEEP TREATMENT CENTER®

Sleep all night. Live all day.®

Sleep and Cognition

We have seen past studies that have concluded that sleep apnea treatment can lead to a 10 year delay in mild cognitive impairment (MCI) diagnosis. Here is a more recent one that suggests that if we can catch snorers early (before diagnosed with Alzheimer's), their breathing improves, their deep sleep (essential for clearing beta-amyloid and other toxins) improves, and their cognition also improves! Anybody who has had any exposure to Alzheimer's will agree that any prevention or delay of this disease is a huge, huge win. If you could ask your patients if they snore and then encourage them to treat this, what a gift you'd be giving them and their loved ones. Click [here](#) to read more.



Patient Spotlight: Daniel G.

"Advanced Dental Sleep treated me for sleep apnea. Since they came up with my solution my life style has become so much better. After using my sleep appliance I began to naturally wake up with the sun rise. Before I always had to set an alarm and felt exhausted. Thank you for helping me get better." - Daniel

Objective Oral Appliance Therapy

Results:

Pre-Treatment AHI: 40.7

Post Treatment AHI: 1.1

Subjective Oral Appliance Therapy

Results:

Sleeping better, more energy, improvement in morning headaches, improvement in snoring

Philips Recall

The Philips recall continues to wreak havoc on the sleep world.

As a dentist-owned practice, we cannot and do not diagnose or direct care. When patients have called our office to ask what they should do with a recalled unit, we reiterate that their first step needs to be that they register their unit so they can get in queue for a replacement once available. Once they do that, our second recommendation is that they talk with their primary care provider for direction on care. Here are the options we have

provided to them to consider for that discussion:

- Continue to use the CPAP as-is.
- Consider getting an Rx for a travel CPAP, which can be purchased online.
- Consider an oral appliance. From what we have seen and heard, insurance companies are not covering a switch in treatment due to the recall, so we are offering an oral appliance that isn't quite as durable as a typical oral appliance we'd provide, but it is still custom-fit, FDA approved, comes with a 2 year warranty, and is tested for efficacy.

Please let us know how we can help your patients continue to receive treatment for their sleep apnea during this recall/shortage.

Philips recall notification

Philips clinical information for physicians and providers

Clinical Practice Guidelines for Oral Appliance Therapy

OAT Fact Sheet

OAT Evidence Brief



We Make It Easy To Partner

Both diagnosed and non-diagnosed patients may be referred.

We are Omaha's first and only one-stop shop for sleep. We know how complicated treating sleep disorders can be for both providers and patients and it is our goal to streamline the entire process for everyone involved. With that in mind, we are able to offer or guide: 1) Home Sleep Testing 2) CPAPs, and 3) Oral Appliances. Along with our dedicated dental sleep team, we work with Sleep Physicians for direction on patient care.

We want you to know that if you have a patient that you suspect has sleep apnea or has struggled with prescribed treatment, we will take great care of them.

Patients can be referred directly through our website, or you can fax a referral to us at 1-877-811-8129.

If you'd like any paper screening tools, business cards from our office, or would like to coordinate a time to speak with one of our providers, please connect with Brea at brea@whywesnore.com or 402-996-0387.



** Know that we are in-network with medical insurance, including Medicare and Tricare. Those with Medicare supplement plans typically have low or no out-of-pocket costs. All patients know what their out of pockets costs will be before moving forward with treatment.

Visit our website

This advertisement was sent by Advanced Dental Sleep Treatment Center
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