



# ADVANCED DENTAL SLEEP TREATMENT CENTER®

Sleep all night. Live all day.®

## We were honored to be included in the 2022 FACES of Omaha magazine

We value our relationship with you, our patients, and are passionate about continuing to help those who suffer with sleep issues! Click [here](#) to read the article.

**Dr. Melissa Sheets**  
**SLEEP HEALTH**  
advanced dental sleep  
treatment center

**A**s the new owner of Advanced Dental Sleep Treatment Center, Dr. Melissa Sheets brings years of experience as a primary dentist and specialized training in dental sleep medicine to the thriving practice.

"Our ownership changed but our core mission has stayed exactly the same: we want to help people with their sleep issues, making their today as fulfilling as it can be after they're able to sleep through the night," she said, "and over tomorrow as healthy as they can be because we're normalizing those risks for dementia, heart attack, cancer, and other serious health issues."

After guiding and confirming a diagnosis, the team at Advanced Dental Sleep Treatment educates patients on the treatment options from surgery and implantable devices to CPAP and oral appliance therapy, and finds the one that works best for them.

"We work hard to make sure everybody feels at ease and feels like family when they're here," Sheets said.

Sheets noted that sleep apnea can affect anyone.

"We have 18-year-olds and very thin women who have apnea. There's an anatomical and genetic component to it," Sheets said. "It's so under-diagnosed."

**ADVANCED DENTAL SLEEP  
TREATMENT CENTER**  
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6 FACES OF OMAHA, 2022

## Patient Spotlight: Patty C.

*"Very pleasant. The dental assistant was very friendly and was very easy to talk to. Dr. sheets was very pleasant. My mouth apparatus needed some adjusting and she got it*

### Objective Oral Appliance Therapy Results:

Pre-Treatment AHI: 53.4  
Post Treatment AHI: 15.9

*Failed CPAP, declined further advancement/combination therapy*

### Subjective Oral Appliance Therapy

done quickly.." - Patty C.

### **Results:**

Sleeping better, feeling better, more energy, no longer snoring

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## Philips Recall Pushed into 2023

Philips Respironics now expects to complete 90% of its replacements by the end of 2022, which will push the recall completion to 2023. The FDA recommended that they prioritize replacement based on patient vulnerability and that they also provide replacement status. Philips' website has now been updated to reflect both of these recommendations. This is where patients can check the status of their replacement: [click here](#).

As a dentist-owned practice, we cannot and do not diagnose or direct care. When patients have called our office to ask what they should do with a recalled unit, we reiterate that their first step needs to be that they register their unit so they can get in queue for a replacement once available. Once they do that, our second recommendation is that they talk with their primary care provider for direction on care. Here are the options we have provided to them to consider for that discussion:

- Continue to use the CPAP as-is.
- Consider getting an Rx for a travel CPAP, which can be purchased online.
- Consider an oral appliance. From what we have seen and heard, insurance companies are not covering a switch in treatment due to the recall, so we are offering an oral appliance that isn't quite as durable as a typical oral appliance we'd provide, but it is still custom-fit, FDA approved, comes with a 2 year warranty, and is tested for efficacy.

Please let us know how we can help your patients continue to receive treatment for their sleep apnea during this recall/shortage.

Philips recall notification

Philips clinical information for physicians and providers

Clinical Practice Guidelines for Oral Appliance Therapy

OAT Fact Sheet

OAT Evidence Brief



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## We Make It Easy To Partner

Both diagnosed and non-diagnosed patients may be referred.

We are Omaha's first and only one-stop shop for sleep. We know how complicated treating sleep disorders can be for both providers and patients and it is our goal to streamline the entire process for everyone involved. With that in mind, we are able to offer or guide: 1) Home Sleep Testing 2) CPAPs, and 3) Oral Appliances. Along with our dedicated dental sleep team, we work with Sleep Physicians for direction on patient care.

We want you to know that if you have a patient that you suspect has sleep apnea or has struggled with prescribed treatment, we will take great care of them.

Patients can be referred directly through our website, or you can fax a referral to us at 1-877-811-8129.

If you'd like any paper screening tools, business cards from our office, or would like to coordinate a time to speak with one of our providers, please connect with Brea at [brea@whywesnore.com](mailto:brea@whywesnore.com) or 402-996-0387.



\*\* Know that we are in-network with medical insurance, including Medicare and Tricare. Those with Medicare supplement plans typically have low or no out-of-pocket costs. All patients know what their out of pockets costs will be before moving forward with treatment.

Visit our website

This advertisement was sent by Advanced Dental Sleep Treatment Center  
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