



ADVANCED DENTAL SLEEP TREATMENT CENTER®

Sleep all night. Live all day.®

Diagnosed with sleep apnea in less than an hour, while awake??

One of the major roadblocks to sleep apnea diagnosis is the method. PSG (overnight sleep studies) provide great data, but they can be intrusive for a patient and can take more time and planning than preferred. At-home sleep studies have become much more prevalent, are preferred by medical insurance due to cost, and often preferred by patients due to comfort. But what if there was a way that didn't require overnight monitoring at all?

A recent study out of UCLA shows some promise using modeling from MRI data. Earlier research from the same team showed that those with early OSA (obstructive sleep apnea) have brain tissues that can be reversed vs. those with long-lasting OSA who have brain changes that are much more difficult to restore and repair. This data naturally led them wondering if patients could be diagnosed quicker/easier since early diagnosis is vital when controlling the disease before it causes permanent damage.

Click [here](#) to read more.



Patient Spotlight: Stacy H.

"They are very professional. They also got me in the same day to get my (appliance) re-lined" - Stacy H.

Objective Oral Appliance Therapy

Results:

Pre-Treatment AHI: 38.9
Post Treatment AHI: 4.3

Subjective Oral Appliance Therapy

Results:

Sleeping better, feeling better, no longer snoring

Philips Recalls

The Philips Respironics recall continues to wreak havoc on the CPAP world. An update posted on January 25, 2023 shows that 2.4M replacement devices have been shipped in the US, and 90% of the replacements globally have been completed. This is where patients can check the status of their replacement: [click here](#).

To add to this, [some Philips masks were also recently recalled](#), involving magnets that may interfere with implanted devices.

As a dentist-owned practice, we cannot and do not diagnose or direct care. When patients have called our office to ask what they should do with a recalled unit, we reiterate that their first step needs to be that they [register their unit](#) so they can get in queue for a replacement once available. Once they do that, our second recommendation is that they talk with their primary care provider for direction on care. Here are the options we have provided to them to consider for that discussion:

- Continue to use the CPAP as-is.
- Consider getting an Rx for a travel CPAP, which can be purchased online.
- Consider an oral appliance.

Please [let us know](#) how we can help your patients continue to receive treatment for their sleep apnea during this recall/shortage.

[Philips recall notification](#)

[Philips clinical information for physicians and providers](#)

[Clinical Practice Guidelines for Oral Appliance Therapy](#)

[OAT Fact Sheet](#)

[OAT Evidence Brief](#)



We Make It Easy To Partner

Both diagnosed and non-diagnosed patients may be referred.

We are Omaha's first and only one-stop shop for sleep. We know how complicated treating sleep disorders can be for both providers and patients and it is our goal to streamline the entire process for everyone involved. With that in mind, we are able to offer or guide: 1) Home Sleep Testing 2) CPAPs, and 3) Oral Appliances. Along with our dedicated dental sleep team, we work with Sleep Physicians for direction on patient care.

We want you to know that if you have a patient that you suspect has sleep apnea or has struggled with prescribed treatment, we will take great care of them.

Patients can be referred directly through our [website](#), or you can [fax a referral](#) to us at 1-877-811-8129.



If you'd like any paper screening tools, business cards from our office, or would like to coordinate a time to speak with one of our providers, please connect with Brea at brea@whywesnore.com or 402-996-0387.



** Know that we are in-network with medical insurance, including Medicare and Tricare. Those with Medicare supplement plans typically have low or no out-of-pocket costs. All patients know what their out of pockets costs will be before moving forward with treatment.

Visit our website

This advertisement was sent by Advanced Dental Sleep Treatment Center
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