



ADVANCED DENTAL SLEEP TREATMENT CENTER®

Snoring & Sleep Apnea Solutions

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Does oral appliance therapy work?



ProSomnus® EVO® Device

Oral appliances have been a clinically-approved therapy since the 1980s and are an extremely effective treatment for snoring and sleep apnea.

Medical Guidelines

The American Academy of Sleep Medicine and American Academy of Dental Sleep Medicine's Clinical Practice Guidelines state that oral appliances are recommended for anyone who is **intolerant of CPAP** therapy or who **prefers alternate therapy**.



Research Studies

Hundreds of studies have concluded oral appliance therapy effectively controls obstructive sleep apnea. Studies also show similar mean disease alleviation between oral appliance and CPAP therapy, resulting from higher rates of **compliance** with oral appliances.



**** Please inquire about the Evidence Brief if you'd like to read the studies!**

Patient Feedback

We asked 1278 of our patients:

Are you sleeping better after being treated with an oral appliance?

99% said yes!

Are you feeling better after being treated with an oral appliance?

99% said yes!

