



ADVANCED DENTAL SLEEP TREATMENT CENTER®

Snoring & Sleep Apnea Solutions

Melissa Sheets, DDS, DABDSM



I have a patient who should be evaluated for sleep apnea treatment and **prefers oral appliance therapy** over CPAP. Now what?



Diagnosed with Obstructive Sleep Apnea (OSA)

1 Refer them to us or an
AADSM Qualified Dentist

2 We will schedule
them for a new
patient exam,
assess whether they
are a good
candidate for oral
appliance therapy,
and get them on
their path to
sleeping and feeling
better!

Not Diagnosed with OSA

1 Refer them to us

2 We will schedule
them for a new
patient exam and 1)
assess whether they
are a good candidate
for oral appliance
therapy and 2) help
them register for
sleeptest.com which
will coordinate care
for a home sleep test
and a TM visit with a
sleep physician.

1 Refer them to their
Primary Care
Provider for a sleep
test
(instruct them to
advocate for an oral
appliance if that's
what they prefer)



During the new patient exam, we educate patients on what sleep apnea is and the potential negative effects of going untreated. We also talk through their sleep study with them (either what to expect, or their individual results), and review all of their treatment options.

**To Refer Patients: Visit us online at
[whywesnore.com/providers](https://www.whywesnore.com/providers) or fax us at: 877-811-8129**